LITERATUURLIJST FUNCTIONAL FOODS

# Matthias Lenaerts

* *Porcelli, P. and O. Todarello (2007). "Psychological factors affecting functional gastrointestinal disorders."AdvPsychosomMed28:34-56.*
* *Kalliomaki, M. and E. Iso lauri (2003). "Role of intestinal flora in the development of allergy." Curr Opin Allergy Clin Immunol 3(1): 15-20.*
* *Fasano A. Physiological, pathological, and therapeutic implications of zonulin-mediated intestinal barrier modulation: living life on the edge of the wall. Am J Pathol 2008;173(5):1243-52 Fasano A, Shea-Donohue T. Mechanisms of disease: the role of intestinal barrier function in the pathogenesis of gastrointestinal autoimmune diseases. Nat Clin Pract Gastroenterol Hepatol 2005;2(9):416-22*
* Patin, E. and L. Quintana-Murci (2008). "Demeter's legacy: rapid changes to our genome imposed by diet." Trends Ecol Evol 23(2): 56-9.
* Iijima, H., I. Takahashi, et al. (2001). "Mucosal immune network in the gut for the control of infectious diseases." Rev Med Virol 11(2): 117-33.
* Kalliomaki, M. and E. Isolauri (2003). "Role of intestinal flora in the development of allergy." Curr Opin Allergy Clin Immunol 3(1): 15-20.
* The Solanaceae: foods and poisons. J R Coll Physicians Edinb 2006;36(2):162-9
* Francis G, Kerem Z, et al. The biological action of saponins in animal systems: a review. Br J Nutr 2002;88(6):587-605 Friedman M.
* Current synthesis of triterpene saponins. Chem Asian J 2009;4(5): 642-54 Lee MR.
* Arch Toxicol 2008;82(3):183-95 Barile E, Bonanomi G, et al. Saponins from Allium minutiflorum with antifungal activity. Phytochemistry 2007;68(5):596-603
* Knudsen D, Jutfelt F, et al. Dietary soya saponins increase gut permeability and play a key role in the onset of soyabean-induced enteritis in Atlantic salmon ( Salmo salar L.). Br J Nutr 2008;100(1):120-9
* Fenwick GR, Price KR, Tsukamoto C, et al. Saponins. In Saponins In Toxic Substances in Crop Plants
* Potato glycoalkaloids and metabolites: roles in the plant and in the diet. J Agric FoodChem2006;54(23):8655-81
* Barceloux DG. Potatoes, tomatoes, and solanine toxicity (Solanum tuberosum L., Solanum lycopersicum L.). Dis Mon 2009;55(6):391-402
* Molecular basis of glycoalkaloid induced membrane disruption. BiochimBiophysActa1995;1240(2):216-28
* Fasano A. Physiological, pathological, and therapeutic implications of zonulin-mediated intestinal barrier modulation: living life on the edge of the wall. Am J Sapone A, de Magistris L, et al. Zonulin upregulation is associated with increased gut permeability in subjects with type 1 diabetes and their relatives. Diabetes
* CM Duffus and JH Duffus, 1991 Keukens EA, de Vrije T, et al. Cordain L. Cereal grains: humanity's double-edged sword. World Rev Nutr Diet 1999;84:19-73
* Wald, A. and D. Rakel (2008). "Behavioral and complementary approaches for the treatment of irritable bowel syndrome." Nutr Clin Pract 23(3): 284-92.
* *Pruimboom, L. Syllabus ‘De veilige toepassing van aminozuren; Bonusan seminar (2006) Huang, X. X., X. P. Wang, et al. (2008). "[Effects of enteral nutrition supplemented with glutamine and arginine on gut barrier in patients with severe acute pancreatitis: a prospective randomized controlled trial]." Zhonghua Yi Xue Za Zhi 88(34): 2407-9.*
* *Monograph: L-Glutamine. Alternative Medicine Review. Volume 6, Number 4 2001. 406-410. Antonio J, Street C. Glutamine: a potentially useful supplement for athletes. Can J Appl Physiol 1999; 24: 1-14. Buchman AL. Glutamine for the gut: mystical properties or an ordinary amino acid? Curr Gastroenterol Rep 1999; 1: 417-23.*
* *Field CJ, Johnson I, Pratt VC. Glutamine and arginine: immunonutrients for improved health. Med Sci Sports Exerc 2000 Jul;32(7 Suppl):S377-388. Garlick PJ. Assessment of the safety of glutamine and other amino acids. J Nutr. 2001 Sep;131(9 Suppl):2556S-61S.*
* *Labow BI, Souba WW. Glutamine. World J Surg 2000 Dec;24(12):1503-113. Loman S. Glutamine; van basale wetenschap naar klinische toepassing. De Orthomoleculaire Koerier 1999; 74: 19-25.*
* *Miller AL. Therapeutic considerations of L-glutamine: a review of the literature. Altern Med Rev 1999; 4: 239-248.*
* *Ziegler TR, Szeszycki EE, Estivariz CF, Puckett AB, Leader LM. Glutamine: from basic science to clinical applications. Nutrition 1996; 12: S68-S70.*
* Venema K. Bifidobacteriën: gezondheidsbevorderende micro-organismen of toch niet? NIBI, Expertise Centrum Biologie, 09-2003
* de Vrese, M. and J. Schrezenmeir (2008). "Probiotics, prebiotics, and synbiotics." Adv Biochem Eng Biotechnol 111: 1-66. Gueimonde, M., S. Sakata, et al. (2006). "Effect of maternal consumption of lactobacillus GGon transferandestablishmentoffecalbifidobacterialmicrobiotainneonates."JPediatr Gastroenterol Nutr 42(2): 166-70.
* Huurre, A., M. Kalliomaki, et al. (2008). "Mode of delivery - effects on gut microbiota and humoral immunity." Neonatology 93(4): 236-40. Kalliomaki, M., S. Salminen, et al. (2008). "Positive interactions with the microbiota: probiotics." Adv Exp Med Biol 635: 57-66.
* Scarpellini, E., A. Cazzato, et al. (2008). "Probiotics: which and when?" Dig Dis 26(2): 175-82.
* Funahashi, T. and Y. Matsuzawa (2007). "Metabolic syndrome: clinical concept and molecular basis." Ann Med 39(7): 482-94. Haffner SM, Ruilope L, Dahlöf B, Abadie E, Kupfer S, Zannad F. Metabolic syndrome, newonset diabetes,andnewendpointsincardiovasculartrials.JCardiovascPharmacol. 2006 Mar;47(3):469- 75
* Fulop T, Tessier D, Carpentier A. The metabolic syndrome. Pathol Biol (Paris) 2006 Sep;54(7):375- 86.
* Reaven GM. The insulin resistance syndrome: definition and dietary approaches to treatment. Annu Rev Nutr 2005;25:391-406. Leahy JL. Pathogenesis of type 2 diabetes mellitus. Arch Med Res 2005;36:197-209.
* Gluckman PD, Hanson MA. The developmental origins of the metabolic syndrome. Trends Endocrinol Metab 2004;15:183-7.
* Leahy JL. Pathogenesis of type 2 diabetes mellitus. Arch Med Res 2005;36:197-209.
* Miller J. Origins and evolution of the Western diet: health implications for the 21st century.AmJClin Nutr2005;81:341-54.
* Muskiet FAJ. Evolutionaire geneeskunde. U bent wat u eet, maar u moet weer worden wat u at. Ned Tijdschr Klin Chem Labgeneesk 2005; 30: 163-84.
* Miller J. Origins and evolution of the Western diet: health implications for the 21st century.AmJClin Nutr2005;81:341-54.
* The Paleo Diet, Lose Weight And Get Healthy By Eating The Food You Were Designed To Eat Cordain L ISBN 0471267554, Uitgeverij Rodale Press
* Reaven GM. The insulin resistance syndrome: definition and dietary approaches to treatment. Annu Rev Nutr 2005;25:391-406.
* Youngren J. Exercise and regulation of blood glucose. Chapter 25 Last AR, Wilson SA. Low-carbohydrate diets. Am Fam Physician 2006;73:1942-8
* Oergondisch genieten Penders R., Poll E. & Van Stigt Y., 2011 ISBN 978-90-817728-0-8, Uitgeverij Oergezond, Houten